Mental Health Awareness:
Strategies for Special Education Teachers

C·E·S·A 10
Cooperative Educational Service Agency

Target Audience:
- K-12 EBD Teachers
- K-12 Cross Categor-ical
- School Psychologists
- Special Education Directors

Standards: T2, T3, T4, T5, T8, T9, T10

Indicators: 1, 4

Register Online

CSPD Member Districts 2015-16
Augusta
Bloomer
Bruce
Cadott
Flambeau
Gilman
Gilmanton
Granton
Greenwood
Lake Holcombe
Loyal
Neillsville
New Auburn
Osseo-Fairchild
Owen-Withee
Thorp

Tuesday, April 12, 2016
9:00 am - 3:00 pm
CESA 10 Conference Center
Chippewa Falls

John Bemis
Educational Consultant, DPI, Emotional/Behavioral Disorders

As part of the Mental Health Framework developed by DPI, the initial session will focus on dealing with mental health concerns for students receiving special education services. Topics include:
- understanding mental health
- awareness of supports for teachers
- what makes a practice evidence-based
- cultivating student's readiness to make changes
- changes in teacher perspective needed for successful interventions
- improving teacher practices in working with students with disabilities in need of mental health strategies.

Follow up sessions will be more specifically focused on:
- Aggression Reduction: strategies available to teachers to reduce aggression in our students
- Managing Anxiety in a School Setting: looks at impact of anxiety on students and ways we can manage and reduce these issues which can impair our students
- Dealing with Disruptive Disorders: how issues of conduct develop and what we can do to positively impact our students avoiding the unsuccessful use of punishments.

Cost: No charge to CESA 10 CSPD (Comprehensive System of Personnel Development) member school districts; $50 to non-member districts.

Contacts:
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Registration deadline: April 8, 2016
Registration is done electronically through **MyQuickReg** (www.myquickreg.com)